

INDIAN RIVER SOCCER ASSOCIATION
Rules of the Competition for Recreational Teams

	U5-U8	U9/U10	U11/U12	U13 and Up	
Referee Assigned	No	Yes	Yes	Yes	
# Of Players *	4 v 4	7 v 7	9 v 9	11 v 11	* Includes Goal Keeper
Goal Keeper	No	Yes	Yes	Yes	
Ball Size *	#3	#4	#5	#5	* Ball Provided by Home Team
Length Of Each Half	24 min.	25 min.	30 min.	35 min.	
Direct Free Kicks	No	No	Yes	Yes	
Penalty Kicks	No	Yes	Yes	Yes	
Call Offside	No	Yes *	Yes	Yes	* See Notes on Build Out Line
Opponent Distance from Ball @ Free Kicks & Kick Offs	5 yds.	5 yds.	8 yds.	10 yds.	
Score Directly From Kick Off	No	No	Yes	Yes	
Score Directly From Goal Kick Or Corner Kick	No	No	Yes	Yes	
Number Of Throw Ins Allowed	2*	2*	1	1	* By Same Player Kick ins for U5/U6
Keeper Punts Allowed	No Keeper	No	Yes	Yes	
Headers Allowed	No	No	No	Yes	
Slide Tackling Allowed	No	No	No	No	

ADDITIONAL CONDITIONS OF PLAY

- The safety of the players is paramount. If a player is in distress and needs attention the coach will be asked to enter the field and tend to the player. The player will be replaced by a substitute.
- Nothing, including jewelry, is to be worn by the players that is considered by the referee to be dangerous to the player or other players. Applying tape and/or bandages to cover jewelry is prohibited. Nothing hard and/or unyielding is to be worn within the hair.
- Shin guards are to be worn covered by the socks.
- Spectators are to be located on the opposite side of the field from the team benches. No one is allowed behind the goals and/or goal lines. If a spectator presents as a negative influence on the conduct of the game by actions and/or comments, the referee will stop the game and request the coach associated with the spectator to remove the spectator out of sight and sound of the field.
- Substitutions will be allowed at any stoppage with approval of the referee. Substituting players are to be off the field at the intersection of the half way line and the touch line prior to the stoppage. Substituting players are not to enter the field until the substituted player has left the field.
- A hydration break of 1 min. will be taken at approximately the mid-point of each half.
- Teams are to be at the field 30 min. before game time.
- In the Spirit of the Game, teams with a large number of players may 'lend' players to teams with a smaller number of players. Both teams will field the same number of players.

BUILD OUT LINE : Applied to U9/U10 play only

The Build Out Line (BOL) is placed half way between the mid-line and the penalty area in order that, in the defensive third, play can proceed with less pressure for the team in possession of the ball.

When the Goal Keeper has possession of the ball in his/her hands, the opposing team must retreat to behind the BOL until the ball is in play. The ball is in play at the moment that the goal keeper releases the ball from his/her hands. The Goal Keeper may wait until the opposing team has retreated to behind the BLO, or at the Goal Keeper's risk, put the ball into play before the opposing team has retreated. In doing so, the opposing players that are not behind the BLO may play the ball.

At the taking of a goal kick or restart (free kick or dropped ball) awarded to a team within that team's own penalty area, the opposing team must retreat behind the BLO until the ball is touched by another member of the team in possession of the ball or the ball crosses the BOL. If the opposing team crosses the BOL prior to the second touch and plays the ball, the referee will stop play, warn the player(s) that crossed and replay the restart. If the players that crossed early do not interfere with play, the referee may apply advantage for the team in possession of the ball.

Offside will be only called between the BOL and goal line against players in an offside position that are involved with active play.